Breakfast is served every morning. Choose from:
- A Feature Hot Entree, Cereal, or a Variety of Whole Grain Breakfast Breads. Fresh Fruit, 100% Juice and 1% or fat free milk included.

**Monday, November 7**
- **Election Day**
- **No School**
- **Everyone over 18 should get out and VOTE!**

**Tuesday, November 8**
- **Breakfast Daily Lunch**
- **Entree Choices:**
  - Walking Taco Tuesday
  - Popcorn Chicken, Roll
  - Premium Chicken on Roll
- **Sides:**
  - Seasoned Corn
  - Carrot Sticks
  - Shredded Lettuce, Salsa
  - French Fries
  - Variety of Fresh Fruit
  - Mixed Fruit
  - Variety of Milk

**Wednesday, November 9**
- **Breakfast Daily Lunch**
- **Entree Choices:**
  - Orange Chicken, Rice
  - Premium Chicken on Roll
  - Specialty Pizza
- **Sides:**
  - Steamed Broccoli
  - Carrot & Celery Sticks
  - French Fries
  - Variety of Fresh Fruit
  - Pears
  - Peaches
  - Variety of Milk

**Thursday, November 10**
- **Breakfast Daily Lunch**
- **Entree Choices:**
  - Chicken Tenders, Roll
  - Nachos Grande
  - Cheesy Bread
- **Sides:**
  - Seasoned Corn
  - Carrot Sticks
  - French Fries
  - Variety of Fresh Fruit
  - Cinnamon Applesauce
  - Variety of Milk

**Friday, November 11**
- **Breakfast Daily Lunch**
- **Entree Choices:**
  - Fish & Cheese Sandwich
  - Spicy Chicken Patty Sand
- **Sides:**
  - Green Beans
  - Cucumber Coins
  - French Fries
  - Variety of Fresh Fruit
  - Mixed Fruit
  - Variety of Milk

---

**THE FAMILY THAT EATS TOGETHER.**

Family meals don’t just improve kids’ nutrition – eating together also helps boost social skills and increase kids’ appreciation for the value of food and the effort needed to fix meals.

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

---

**How Do I Pay for School Meals & Snacks?**

**3 CONVENIENT WAYS:**
- Send a check or cash with your child to deposit into their account
- Make an online credit card payment ——>
- Send in cash daily

Go to mySchoolBucks.com
Tuesday, November 15
BREAKFAST DAILY
LUNCH
Entree Choices:
Taco
Tuesday
Grilled Chicken Club
Ranchero Ole
Yogurt Parfait
Entrée Salad, Roll
Sides:
Seasoned Corn
Cucumber Coins
Shredded Lettuce, Salsa
French Fries
Variety of Fresh Fruit
Applesauce
Variety of Milk

Tuesday, November 22
BREAKFAST DAILY
LUNCH
Entree Choices:
Walking Taco Tuesday
Spicy Chicken Patty
Rib-B-Que on Roll
Entrée Salad, Roll
Sides:
Tossed Salad
Shredded Lettuce, Salsa
French Fries
Variety of Fresh Fruit
Pineapple Tidbits
Variety of Milk

CAFETERIA QUESTION OF THE MONTH
Q: If my child(ren) forget their lunch money will they still be able to get lunch that day?
A: Yes, if a student forgets lunch money or their packed lunch, they can charge their lunch that day. If your child has charged a meal, Food Services attempts to contact the parents daily through the primary e-mail address provided to the school system. Please submit payment to the cafeteria for charged meals promptly as students are limited to charging two days’ worth of meals.

Thursday, November 17
Happy Thanksgiving!
See you Monday! (Some of you, anyway!)

Friday, November 18
BREAKFAST DAILY
LUNCH
Entree Choices:
Taco Tuesday
Popcorn Chicken, Roll
Pizza/Buffalo Crunchers
Yogurt Parfait
Entrée Salad, Roll
Sides:
Seasoned Corn
Carrot & Celery Sticks
Shredded Lettuce, Salsa
French Fries
Variety of Fresh Fruit
Applesauce
Variety of Milk

Many Moons
Native Americans had special names for every full moon of the year. One name for the November full moon is the “Much White Frost on Grass” moon, because November is when the cold weather sets in.